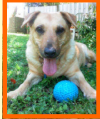




SANDY PAWS

Pet Care and Dog Walking

March 2010 Quarterly Newsletter



WELCOME!

A big thank you to all of our lovely customers and to local veterinary surgeries, pet shops, dog trainers and grooming parlours for your fantastic support!



Special thanks to Hunter Animal Rescue for recommending Sandy Paws and having a link to us on their website!

NEWS

This quarter we are happy to welcome many new customers including Nails, the Rottweiler, a big softy with just 3 legs! Awww!



Look out for us at your local dog beaches and parks, we'd love you to stop and say hi!

DOGGY FITNESS & WEIGHT MANAGEMENT

Recent Australian statistics claim that 41% of dogs and 38% of cats are overweight!

Why does it matter:

Just like with people, carrying this extra weight can cause all sorts of painful and life-threatening problems such as heart disease, joint pain, respiratory problems, heat intolerance... *Oh dear! What can we do?!*

Sandy Paws Gentle Exercise Program:

If you feel that your pet might fall into the "overweight" category perhaps we can help! We have regular walks throughout the week dedicated to helping dogs lose weight or increase their fitness.

We take care to minimise strain on joints and the heart as well as having regular water stops and even a cool-down massage at the end to help those weary muscles!

With regular photos and measurements we help to track progress and ensure a steady, healthy weight loss.

Healthy Diet:

As with humans, exercise alone may not be enough - Sandy Paws can help by looking at your pets diet with you and helping make healthy changes if needed.

Beware of high calorie treats and snacks! The list below shows what a treat for your dog would be equivalent to in human snack terms:

Dog Treat	Human Equivalent
1x slice buttered toast.....	1x hamburger
30g cheese.....	75g chocolate
100g sausage.....	6 doughnuts!

Wow! But it can be hard to find the willpower to resist those begging eyes... as a healthy alternative how about trying carrot, apple, celery or ice cubes flavoured with chicken stock to keep your dog healthy and happy!

DOGS OF THE QUARTER

Congratulations to Stanley and Stella!

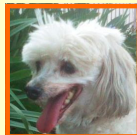


Owner Jan is very proud of this senior pair of rescue dogs, *"Both dogs have had difficult lives and as a result both have a few quirky behaviours, however Vicky loves and cares for them just like I do - their big smiles are quite genuine!"*

With Jan's great care and attention Stanley and Stella hardly show their age at all! Always beautifully turned-out and with a variety of cosy jackets for cold winter days, these two always are full of health and happiness.

When Jan is busy dashing around the country with work and family commitments Sandy Paws makes twice-daily visits to look after the dogs and house. After the fun of a walk and a bite to eat these two best friends like nothing better than a snuggle on the sofa and a gentle brush.

Jan says *"I recommend Sandy Paws, especially for sensitive dogs who do not cope well with boarding kennels. I can go away knowing the dogs are secure and happy".*



Vicky Topp BSc (Hons) Zoology

0416 630 187

info@sandypaws.com.au

www.sandypaws.com.au

